

Pines & Needles

NEWSLETTER OF THE MONTEREY PENINSULA QUILTERS GUILD

OCTOBER 2023



MPQG.ORG

October Meeting Monday, October 2, 2023

6:30 PM Social Time

7:00 PM Meeting

In-person & Zoom

Pacific Grove Community Center
515 Junipero Avenue (at 15th St.)
Pacific Grove, CA 93950

Speaker:

Lorraine Woodruff-Long

What to bring:

- Name tag
- Membership Dues (\$40)
- Community quilts, pillows
- Show & Tell
- Library books

MPQG Calendar

• Sept. 25th @ 5:30 PM

Board Meeting **Zoom**

• October 2nd @ 7:00 PM

General Meeting

In Person & Zoom

Speaker:

Lorraine Woodruff-Long

Lecture: **Quilt Story and Trunk Show**

• October 30th @ 5:30 PM

Board Meeting **Zoom**

• November 6th @ 7:00 PM

General Meeting

Zoom Only

Speaker: *Carole Lyles Shaw*

Lecture: **Art of the Quilt: My Journey, My Stories**

In-person & Zoom Meeting Monday, October 2, 2023 — 7:00 PM

Lorraine Woodruff-Long Quilt Story and Trunk Show



Lorraine Woodruff-Long is a San Francisco self-taught quilter with a primary focus on color, improvisation, and recycled/repurposed fabrics.

Raised in Houston, and educated at University of Texas/Austin, Lorraine served in Peace Corps Kenya and afterwards moved to California as a “bucket list” dream to temporarily experience living in a progressive urban city. She fell in love with San Francisco

and never left. After a career in marketing and advertising, Lorraine later worked in the nonprofit sector while raising two city kids with her architect husband.

She has received numerous awards for her quilts at local, national and international quilt shows. Her work has been juried into art exhibitions at the de Young Museum/San Francisco, the California Heritage Museum/Santa Monica, the Sanchez Art Center/Pacifica, the Drawing Room/San Francisco, and the San Francisco Women Artists Network Gallery. Quilt exhibitions include the International Quilt Festival/Houston, QuiltCon, the Pacific International Quilt Festival, Visions in Cloth, and Quilt San Francisco among others.

Learn more about *Lorraine* and her work at: <https://quiltinginthefog.com>

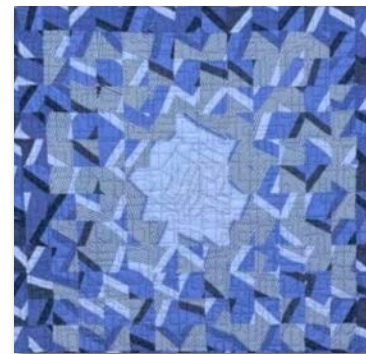
Chris Beach rabbitbeach2000@gmail.com

Susan Stoney sgstoney@gmail.com

Programs Co-Chairs



Quilts by Lorraine Woodruff-Long



President's Letter – October 2023



Pacific International Quilt Festival takes place at the Santa Clara Convention Center, October 12th-15th, 2023. I hope to see you there!

I am very proud of myself for taking part in my first ever big quilt festival. I've decided that instead of being intimidated by the stunning quilts on display I will let them inspire me to create my own next work. A recent discussion at one of our small groups gave me this insight. We are a supportive, helpful bunch of women who encourage each other in our quilting and our lives, yet we noticed that many of us were saying self-deprecating remarks about our quilting.

We're all trying to stop speaking negatively about our own work and it helps! That discussion gave me the courage to enter my sardines in the *New Quilts of Northern California* display at PIQF and the courage to attend and see all those beautiful quilts without the need to compare my work to others.

Our October meeting with *Lorraine Woodruff-Long's* Quilt Story and Trunk Show promises to be inspiring. This will be our last in person meeting at the Community Center for a while. November, January, and February will be on Zoom so we can stay home in our pajamas as the days shorten. The December meeting will be our **Winter Social and Fundraiser** at the Meals on Wheels building.

Thanks for all you do to make this guild the vibrant organization it is!

Joan Costello

beachbreak1250@gmail.com

Monterey Quilters Fabric Sale

Fabric Sale ~ November 4th

It's time to clean out your sewing spaces!
Donations needed!! We will take:

- Clean Fabric
- Notions
- Sewing equipment: sewing machines, irons, sergers, etc.)

No books or magazines, please!

Drop off date for donations: **Friday, September 29th from 10:00 AM to 1:00 PM**

Joan Costello's Home: 1250 Allston, Seaside.

If the date and time does not work for you, please contact *Christi Sutphen* to make arrangements to get your donated items to the sale: 612-209-0956 or christi@sutphenstudio.com



Challenge Quilts

The Challenge Committee wants to thank everyone who participated in “Alphabet Soup” challenge. The Challenge Quilts were so well received by the fair goers that over 1000 votes were cast and counted and all of the quilts got at least five votes. The winners were:

First Place:
“S is for Sea” by
Darcy Latta

Second Place:
“Q is for Quail” by
Carmay Knowles

Third Place:
“S is for Shea” by
Faith Balaban



The beautiful winning ribbons were made by *Chris Beach* and *Rita Jacques*, members of the committee. We look forward to the next Challenge!

Thanks for being a part of the team!

Faith Balaban - faithllancaster@gmail.com

Rita Jacques - ritaj6987@gmail.com

Chris Beach - rabbitbeach2000@gmail.com



Monterey County Fair Photos

At the Fair from left to right:

Karen Shaffer at the Demo table
Carole Olsen won Judges Award
Linda Herrera won Best of Show

Photos by S. Michelson



Upcoming Programs

Oct. 2	7:00 PM	Speaker	<i>Lorraine Woodruff-Long</i> quiltinginthefog.com	Quilt Story and Trunk Show	In-person and Zoom
Nov. 6	7:00 PM	Speaker	<i>Carole Lyles Shaw</i> carolelylesshaw.com	Art of the Quilt: My Journey, My Stories	Zoom
Dec. 4	7:00 PM	The Winter Social and Fundraiser			In-person Only
Jan. 8	7:00 PM	Speaker	<i>Kristie Naranjo</i> kristienaranjo.com	Scrappy Appliqué	Zoom
Jan. 13	9:00 AM - 3:30 PM	Workshop	<i>Kristie Naranjo</i> kristienaranjo.com	Scrappy Appliqué	Zoom
Feb. 5	7:00 PM	Speaker	<i>David Owen Hastings</i> davidowenhastings.com	Exploring Nature with Paper + Stitch	Zoom
March 5	7:00 PM	Speaker	<i>Irene Roderick</i> ireneroderick.com	Dancing with the Wall	In-person and Zoom
March 30	9:00 AM - 3:00 PM	Workshop	<i>David Owen Hastings</i> davidowenhastings.com	Inspired by Art	Zoom

MPQG Winter Social & Fundraiser

Monday, December 4th... it's time to start planning!

I love our Winter Social Party. The food, the friendships, the fun raffle baskets—it is a perfect way to start the Winter Holiday season. I am organizing it this year, and looking for volunteers. I will need help with:

- Refreshments
- Decorations
- The Raffle baskets
- Tickets Sales

It is always fun to work on a party, so please call or email me to let me know what you would like to do!

Barbara Boyer
barbaraboyer831@gmail.com or 925-485-4376



The Pillow Projects

Dear Amazing Generous Friends,

I am so sorry to say we are in great need of Port Pillows and Heart Comfort Pillows. I am sorry because that just means there are so many more new cancer patients each month.

There is Velcro for our Port pillows available at our in-person meetings or I am happy to deliver or send it to you if you will do ten or more. The Heart Comfort Pillows just require nice fabric.



If you need fabric — that is a joke for some or most of us — let me know. You may stuff either type of pillow yourself or I will be happy to do it for you. Please see our website for directions.

PLEASE call or text with any questions, or for pick-ups or deliveries.

With thanks,
Marcia Givvin
818-515-4084
marciagivvin@gmail.com

Community Outreach

Specific Needs for Community Quilts



Thank you to everyone who turned in twin-sized quilts at the Guild meeting and to those who took finishing kits. Our tables were abuzz with your beautiful creations. We're well on our way to meeting the commitment to the *Shuman Heart House Shelter* for 35 twin quilts by November.

We have a good stock of quilts for *US Renal* and just delivered 20 quilts to *CASA*. They wanted quilts for older children, especially boys. Thank you to all of you who donated those. As mentioned at the meeting what we need right now are:

- **Tummy Time quilts** — approximately 36" square - can be rectangular or slightly larger. So, if you have a couple orphan blocks, add some fun borders and you'll make a baby happy.
- **Twin-sized quilts for the shelter** — Dimensions are approximately 65"-70" wide by 86"-90" long, enough to cover top and hang over sides of a regular twin bed. As we get nearer to the distribution of the quilts and the opening of the shelter, we'll provide those details to you as well.
- **Port and heart pillows** — the pattern for the heart pillow is on the website, as well as info on port pillows.
- **Cotton Neonatal 20" x24" quilts** — check with *Liz Rondelle* for more details (see article on page 9).

Although many of you like to control the whole creative process of the quilts you donate, some people only want to make the top. If that's you or you want to quilt it yourself but can't afford to supply the batting and back, the Guild can provide batting and back. Again, many thanks for your creative generosity.

Fatima Dias
Community Quilts Coordinator
mafadimo@yahoo.com

Community Outreach

Have you ever walked into a room and felt like you were the answer to everyone's prayers?

Actually, it was *Kathleen Heidrick* who was the answer to the prayers at St. Angela's that morning. I was just the intermediary delivering three sizable boxes of wonderful children's quilts that *Kathleen* had artistically stitched together.



The *Yarn and Stitches* group at St. Angela's was assembling their beautiful, color coordinated, layette gift boxes and found they were many quilts and blankets short. However, with *Kathleen's* contribution, they were easily able to fill the remaining boxes, and have a few quilts left over for their next delivery to Natividad. That's great news, but they will happily accept more quilts!

What are extras?

While there, I also learned about "extras." In the case of us quilters, it would be items such as bibs, burp clothes, changing table pads, cloth books, shopping cart seat covers, etc. etc. If you're not in the mood to make a baby quilt, how about whipping up a burp cloth or two? (And, we know that you have the fabric and batting that is ready to leap out of your stash cupboard.)

Continuing thanks to *Jeanne Mills, Kathy Miller, and Material Girls* for their on-going support.

I will be away for the next two guild meetings, but I'm happy to come to your home to pick up your quilts and extras when I return.

Claudia Sammis

MPQG Liaison to Christ Child Society

Especials@sbcglobal.net

January 2024 Workshop – Zoom

Zoom Workshop: Scrappy Appliqué

Teacher: **Kristie Naranjo**

January 13, 2024

Time: 9:00 AM - 3:30 PM

Utilize your leftover fabric scraps, precuts, or any of your favorite fabrics to create a one of a kind project.

Scrappy Appliqué is a raw edge fusible appliqué technique developed by *Shannon Brinkley*, that is quick, simple to pick up, yet allows for a lot of creative possibilities.

Whether you're new to appliqué or have been appliquéing for years, this method will teach you some new tips, tricks, and techniques.

Fee: \$42

Chris Beach rabbitbeach2000@gmail.com and
Susan Stoney sgstoney@gmail.com
Programs Co-Chairs



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Chris Beach
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MPQG Activities

UFO Challenge

Now that the pandemic has waned, how many works in progress (WIPs) or unfinished objects (UFOs) do you have laying around? Challenge yourself to finish those projects and earn tickets to win prizes! The UFO Challenge is just beginning so it isn't too late to start!



It's simple to join: download and fill out the form (found on the website), pay the \$10 donation, and bring your form to me at the next meeting (or email it to me). Full details are on the website: <https://www.mpqg.org> under "BOM/UFO and Resources."

All WIPs and UFOs must be in progress (at a minimum with the fabric purchased) at the time you sign up. The UFO can be a quilt, wall hanging, table topper, wearable art, or another

unfinished sewing project. It can be almost any size with a minimum size of 18" in at least one direction for quilts, wall hangings, or table toppers.

Tickets are awarded for entering the Challenge and for finishing UFOs. Bonus tickets are awarded too! Show your finished UFOs at the monthly Guild meetings in person or on Zoom. Drawings for prizes will be held throughout the year.

The last day to show your completed UFOs to be eligible to win is July 1, 2024. The Grand Prize drawing is at the August 5, 2024 Guild meeting.

Don't forget to sign up before the meeting on October 2 to be eligible to win our first giveaway at the meeting: a \$20 gift certificate to *Family Threads* in San Juan Bautista generously donated by the shop.

Block of the Month

Do you or someone you know have a great idea for a Block of the Month Challenge? We'd love to hear from you.

Laura Lawrence
Activities Coordinator
lauralawrence@gmail.com

Calendar, Road Trips, and Events

Current Exhibits

October 7th ~ 10 AM - 3 PM

Central Coast Quilters - Small Quilt Auction & Quilt Show.

Woman's Club of Arroyo Grande. 211 Vernon St. Arroyo Grande. CA. centralcoastquilters.org

October 12th-15th, 2023

Pacific International Quilt Festival

Celebrating 32 Years at the Pinnacle of the Art of Quilting in 2023! Pacific International Quilt Festival XXXII. Santa Clara Convention Center, 5001 Great America Parkway, Santa Clara, CA. quiltfest.com

MPQG Quilt Show 2024

May 3, 4 & 5, 2024

Chautauqua Hall in Pacific Grove
Coinciding with Good Old Days
(on Saturday and Sunday)

Now is the time to start working on your quilts for the show and to start thinking about continuing with your Quilt Show Committee positions or volunteering to take on an open position. As you know, we can't pull this off without our hard working volunteers. A number of you are continuing in your positions or have already signed up for one. THANK YOU!!! There are a few open committee chair positions; we'll find the right position for you!

Joan Costello and Nina Ashton
Quilt Show Co-Chairs
beachbreak1250@gmail.com
nina@doodlearts.com

MPQG Grant Program

As part of our mission statement "preserve and encourage" MPQG gives annual Grants. Recipients of the Grants are groups that provide educational and creative programs that are consistent with the MPQG purpose. Requests are accepted annually between September 1st and December 31st with the Grants awarded each January.

The proceeds from our upcoming **Winter Social and Fundraiser** will be used to support this program. We hope you will be able to attend the party in person and bid on the baskets to raise \$\$\$ for this wonderful community outreach.

If you know of an organization or person that would benefit from such a grant, please encourage them to apply or even help that busy teacher to complete the application. Some past recipients are 4-H, elementary school programs, and others.

The Grant Request application is attached to this newsletter and can also be found on our website under "About Us" / The Grants Program info.

Website: https://www.mpqg.org/files/ugd/3c7d86_ed26c167b5240c6a2cf1ae04ddb2d4f.pdf

Kathrin Brown
Vice President

NICU Quilts Needed!

We need 20" x 24" NICU quilts! Can you believe we're almost out? These little quilts can be fast and easy to make. You can tie them, machine quilt, or hand quilt them. Traditional, modern, or gender neutral — they all work!



Liz Rondelle
bukavugirl@aol.com

Membership News

Hello and welcome to our newest members:



- *Layne Rahbar* - Marina
- *Diana Potter* - Monterey
- *Deborah Bainer* - Palm Desert
- *Melinda Roos* - Roseburg North, OR

Remember: There is nothing that a day of quilting can't cure!

Karen Shaffer – Membership Chair
karendshaffer@aol.com

September 11, 2023 Meeting Photos



From top left to bottom right:

September Speaker: Youngmin Lee

Community Outreach Quilt: Fatima Dias (quilt by Cat Toth, etc)

UFO Challenge quilt: Laura Lawrence.

Show & Tell quilts:

Sharon Winter, Sherrill Ash (3 quilts), An McDowell, Ann Quamen (heron), Joan Hughes quilt finished by Carole Olsen (cypress), Katherine Reader (thistle), Layne Ragnar (white background), Joan Costello, and Sally Miller (3 t-shirt quilts).

Photos by *S. Michelson*



MPQG Friendship Groups

Friendship Groups are small groups of quilters who meet regularly to enjoy quilting, chatting, and sharing in a small group setting.

Are you interested in being part of a small group? Check the roster below for an opportunity that might fit into your schedule and fit your interests. If it doesn't say otherwise, the group is open to new members.

ZOOM groups have worked out well. No need to make reservations, no obligation, just a nice quilty visit. Always open to new quilters. See below for Friendship Groups on ZOOM.

For information about joining a specific group, please contact the member listed below. For general information regarding Friendship Groups or for help starting a Group, please contact, *Marjorie Longo*, 831-624-8649 or frumml@gmail.com.



Marjorie Longo – Friendship Group Coordinator

<p>Carmel – Out of the Box Quilters Meets the 2nd and 4th Thursdays 1:00 - 4:00 PM <i>Marjorie Longo's</i> house, 831-624-8649 frumml@gmail.com All levels meet to sew, discuss, and create. <i>Group is currently full.</i></p>	<p>Carmel Valley – Cut-Ups Meets the 1st Thursday 12-4 PM, St. Dunstan's Church <i>Liz Rondelle</i>, 831-620-2512, bukavugirl@aol.com All levels meet to sew, share, mini demos, group challenges, and charity quilts. Large work tables available. Bring your lunch at noon or drop in anytime.</p>
<p>Monterey – Material Girls Meets 3rd Friday – 12 - 3 PM <i>Donna Appleget's</i> house, 831-324-4316 jaappleget@aol.com All levels meet to share ideas and skills for quilt making. Bring your lunch. <i>Group is currently full.</i></p>	<p>Carmel – Stitch and Dine Meets the 2nd Tuesday 3:00 - 6:30 PM <i>Gudny Campbell</i>, 831-372-6369 Sewing and dinner. <i>Group is currently full.</i></p>
<p>New Monterey – Tea Timers Meets Wednesday 1:30 to 3:00 PM <i>Regina Liske</i>, 831-333-9302 All levels meet to do handwork and share. <i>Group meets both inside and outside.</i></p>	<p>New Monterey – Friends of Fred Meets the 3rd Monday 1:30 to 3:00 PM <i>Regina Liske</i>, 831-333-9302 Meetings are outside at Regina Liske's house. Bring a project to work on. Show & tells are welcome.</p>
<p>Off Hwy 68 – No Strings Attached Meets the 2nd and 4th Tuesday 3:30 PM at Chamisal Bistro <i>Cec Larsen</i>, 831-235-0456 Enjoy libations as you do a little hand work and share your quilting thoughts. <i>Group is currently full.</i></p>	<p>Off Hwy 68 – Block Party Meets 3rd Thursday 5:00 PM at Chamisal Bistro <i>Cec Larsen</i>, vavalarsen@gmail.com <i>Heather Clifton</i>, heatherclifton@gmail.com All levels meet for discussion, small block of the month style projects, and community quilts.</p>
<p>Everywhere – Beyond Borders Meets the 2nd Tuesday 1:00 PM, Pacific Time <i>Dru Hammond</i>, 831-241-1411 druhammond@aol.com All levels from near and far meet to sew, share, and visit with old and new friends on ZOOM.</p>	<p>Everywhere – Moonlight Zoomers Meets the 4th Thursday 4:30 PM., Pacific Time or 7:30 PM EDT <i>Elizabeth McLinnis</i>, 831-756-8001 All levels from near and far, are welcome after hours to sew, share, and visit with friends, both old and new, on ZOOM. Call for Zoom link.</p>
<p>Seaside - Hanging out at Joan's Meets the 3rd Tuesday 3:30 PM at <i>Joan Costello's</i> house, 831-247-1907 beachbreak1250@gmail.com Gather to chat, share our work, collaborate, and eat plant-based dinners.</p>	

The Letter That Lives in Your Sewing Kit

Very few letters are retained throughout time and through all languages. You can find the letter “m” sneaking into many languages where it was once written with five humps. It symbolized a wave (a continuously occurring event) while “n”, which is retained far less often, was a crashed wave (a closure). Languages use “a” as it symbolizes an “ox” or “leader” with writing winding along a page like an ox in front of a plow - the paragraph resembling the rows in a field. But there’s one letter that quilters will be astonished to know, beats most others in its occurrence, even in the Eastern languages. It is the letter “Q.”

Look at that symbol for awhile and then look at your sewing supplies. The symbol is present in Paleolithic scrawling, in the first alphabet ever known by the Phoenicians. It is seen in Egyptian hieroglyphs and the 7th century Etruscans copied it from the Romans. And all of them, even the Chinese, thought of it as the symbol for the same thing – a sewing needle with a thread running through it.

The sewing needle is one of the first tools given to Adam and Eve in the Bible (to sew their fig leaves) and in the Quran as the first tool given to begin lives in Paradise and was the sole topic of the first recorded printed advertising found in

China dating 1200. It was such a prominent symbol of wealth and skill, it was worn by many cultures ON their clothes. Needles hung off belts or bags attached to those belts, which were commonly used for two items - a flint and a needle. Most cultures had “pin bags” used just to carry needles. Needles were hung from headbands, head-wraps and hats, dangling on the side of their face. They were in direct eye-shot when they greeted a passersby and if they stopped to talk, head bobs acted as hypnotizing needle swaying, making sure everyone knew they owned the rarest tool. Siberians and Vikings wore them. Victorians wore them. Chinese wore them and thought them the darkest of weapons - a fine wire needle that could be slung at their enemies with little fanfare.

Today, the word “sew” means “to unite” and the word “quilt” comes from the root “to cushion” while the word “needle” means “to spin or twist.” Too bad that “Q” in quilt can’t be traced back to “Q” as the eye of a needle, but sometimes word stories resemble the UFO’s in our closet - a clumsy ending to a great story.

Joy Colangelo

Editor’s Note: When I went to *Joan Costello’s* for the Seaside Artist’s Studio tour, I had the pleasure of meeting *Joy Colangelo*. Somehow we got to talking about alphabet letters (hmmm - wonder why?) and she told me this fascinating story. When she offered to write it up for the newsletter, I was thrilled. Please feel free to share something you find interesting!

Editor’s Row

Hello! My name is *Carmay* and I’m the new editor of this newsletter. Before anything else, I want to give a shout-out to *Karen Wagner* for producing the newsletter for four years! Thank you! It was clean and legible and interesting to look at and read. Big shoes to fill and follow!

It’s been almost five years since I did a newsletter and, in addition to learning all the moving parts to this one and the players that participate in its

production, I’m also learning to work in *Pages*, an app that I’ve not used before. I am hoping that the new touches I bring to *Pines & Needles* will be acceptable; I certainly welcome your comments and feedback. Thank you to all the contributors and to the (usually unsung) proofreaders. If I don’t already know you, I look forward to meeting you face to face at the next meeting. Thank you all for your support!

Carmay Knowles - Editor, Pines & Needles

Try out longarm quilting without a big, initial investment! Gammill Longarm for sale! \$2,500



Great basic machine: Gammill, 18 inch throat, 12 foot long table, recently serviced/tuned-up. Comes with multiple accessories: external bobbin winder, throat plate extender for using rulers, extra bobbins, laser for pantographs, needles, manual, etc. Does not have stitch regulator.

Gammill is known for reliability and great customer service. They have tutorials, in-person classes all over the country, online classes, FaceTime appts to help with troubleshooting, and service visits at your home. This machine was my “gateway drug.” I’m upgrading.

Sara Lyon 831-262-4060
lyon.limbach@gmail.com

2023-2024 Board of Directors

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President – Joan Costello	Activities – Laura Lawrence
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	Programs – Christine Beach & Susan Stoney

Your Board is here to serve you, we cherish your input. If you have any suggestions, comments or interest in volunteering, please contact the appropriate board member. Board meetings are open to all members, please contact Christi Sutphen (christi@sutphenstudio.com) if you want the Zoom link.

Pines & Needles Newsletter

Pines & Needles is available online at www.mpqg.org. Articles are due on the 18th of the prior month. Please send items to the editor, Carmay Knowles, via email at carmay@comcast.net
Note: please make the subject line read as follows: MPQG Month: Title/Info; for example: MPQG December: Winter Social. The *Pines & Needles* newsletter editor reserves the right to edit all submissions for content, length, or otherwise for publication.

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full page ad \$30.00. Annual rates are available. Advertisers should be quilting-related businesses.

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Monterey Peninsula Quilters Guild
 Post Office Box 1025
 Pacific Grove, CA 93950

Web Site: www.MPQG.org
 MPQG is a 501(C)3 Organization

GRANT REQUEST FOR FUNDS

Requests must be received between October 1 and December 31.

Grants will be awarded contingent upon availability of funds.

The grants are small, typically about \$150 to \$200.

Grant requests will be evaluated by the MPQG Board at the January meeting according to the following criteria:

- Meets goals and objectives of MPQG outreach and mission statement
- Consideration is given to educational and creative programs

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COMMENTS _____

Additional pages may be attached if more information is required to detail intended purchases.

Please mail completed form to: MPQG, PO Box 1025, Pacific Grove, CA 93950.