

**“Renegade Sewing”  
Workshop  
with  
Rosemary Eichorn**

**Supply List**

Saturday, April 10, 2010  
10 a.m. to 4 p.m.  
Doors open at 9:40 a.m.

Explore the world of sewing with non-traditional materials. Build layers of texture and color in this process class. It's ... Renegade Sewing!



Techniques include sewing with Angelina and Crystalina fibers, fusible film, Tyvek and metal shim. You'll learn surface design techniques using foil, distressed kunin felt, and expandable paints. As time allows, machine techniques will cover making twisted cording, Chinese ball buttons and frogs, and medallions for applying shisha mirrors or other flat embellishments.

- Scissors - Paper cutting and regular sewing scissors (small)
- Pins - Glass-headed applique pins ( $\frac{3}{4}$ " ) if you have them – OR regular length glass-headed pins
- Thread - Quality sewing thread such as Mettler silk-finish 100% cotton
- Something to mix paint on like a white plasticized paper plate
- Small jar or paper cup for cleaning brushes
- For multiple-strand twisted cords: 2-3 yards of yarns, cords and/or narrow silk ribbon, not too heavy
- Optional: A prepared 18" square sandwich of quilting cotton, lightweight batting, muslin or flannel) and quilting cotton or muslin backing. These layers may be fused with a lightweight fusible web or basted in any manner. This sandwich can be used to mount your samples.
- Optional: A photo (preferably your own) to inspire you. Think "texture, color, layers". This doesn't necessarily need to be pictorial like a landscape or a still life. It might be peeling paint or barnacles on an old boat or fungus on a rock. (Doesn't everyone take photos like that?!!) The photo may help you if you're 'product oriented'. However, it's fine to come to class to just play find out how to do some new techniques with no particular goal in mind except to have fun.
- Optional: Sewing machine - clean and well-lubricated. Know how to set up your machine for free motion stitching. You'll need a machine if we have time for the \*'as time allows' techniques listed above or if you wish to create a small piece using your samples. Alternatively you can bring a glue stick and some heavy paper to mount your samples on and to make notes for future reference.
- Presser feet: Free motion stitching foot (sometimes called a Free Motion Embroidery Foot - NOT an open-toed embroidery foot!) and a normal sewing foot

**The \$5 Kit - Kit includes:** Metal shim, Angelina fibers, Crystalina fibers, fusible film, parchment paper, Tyvek, Kunin (acrylic) felt, foil and adhesive, Shisha mirror, and water soluble stabilizer.

Rosemary will bring paints, inks, glitter, adhesives, brushes, etc. An instructional handout will be provided.



**Other supplies:** If bringing optional sewing machine, don't forget cords, extension cord, bobbins and extra needles, thread, sewing supplies, etc.

**To register** for this Monterey Peninsula Quilters Guild Workshop, contact Kathy Miller at 831-649-1895 or

[workshops10@mpqg.org](mailto:workshops10@mpqg.org).

Fee: \$40 members, \$50 nonmembers.

Kit Fee of \$5.00 paid at class

Monday, April 5, 7:15 p.m. Rosemary will be the guild's featured speaker. For information, go to [www.mpqg.org](http://www.mpqg.org). To learn more about Rosemary, go to [www.sewjourn.com](http://www.sewjourn.com).